

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
CLOSED						OPEN 8:30 AM	
						9:00 AM - 9:45 AM KIDS MUAY THAI (AGES 7 - 9)	
			OPEN 10:45 AM		OPEN 10:45 AM	10:00 AM - 10:45 AM STRIKE 45	
			11:00 AM - 11:50 AM STRIKE 50: FUSED	OPEN 11:45 AM	11:00 AM - 11:50 AM STRIKE 50: FUSED	10:50 AM - 11:50 AM OPEN MAT	
			12:00 PM - 1:00 PM No GI JIU JITSU	12:00 PM - 1:00 PM OPEN MAT	12:00 PM - 1:00 PM BRAZILIAN JIU JITSU	12:00 PM - 1:30 PM MUAY THAI LEVEL II	
				CLOSED 1:30 PM			
		OPEN 4:00 PM		OPEN 4:00 PM		OPEN 4:00 PM	
		4:30 PM - 5:20 PM KIDS BRAZILIAN JIU JITSU (AGES 10 - 12)	4:30 PM - 5:20 PM KIDS BRAZILIAN JIU JITSU (AGES 7 - 9)	4:30 PM - 5:20 PM KIDS BRAZILIAN JIU JITSU (AGES 10 - 12)	4:30 PM - 5:20 PM KIDS BRAZILIAN JIU JITSU (AGES 7 - 9)	4:30 PM - 5:20 PM KIDS MUAY THAI (AGES 10 - 12)	
		5:30 PM - 6:20 PM STRIKE 50: PUSH	5:30 PM - 6:15 PM STRIKE 45: PAGE	5:30 PM - 6:20 PM STRIKE 50: FUSED	5:30 PM - 6:20 PM STRIKE 50: PUSH	5:30 PM - 6:20 PM MUAY THAI LEVEL I	
		6:30 PM - 7:30 PM BRAZILIAN JIU JITSU LEVEL I	6:30 PM - 7:30 PM MUAY THAI LEVEL II	6:30 PM - 7:30 PM No GI JIU JITSU LEVEL I	6:30 PM - 7:30 PM MUAY THAI LEVEL II	6:30 PM - 7:30 PM BRAZILIAN JIU JITSU LEVEL I	
	7:35 PM - 8:35 PM BRAZILIAN JIU JITSU LEVEL II	7:35 PM - 8:35 PM MUAY THAI LEVEL III	7:35 PM - 8:35 PM No GI JIU JITSU LEVEL II	7:35 PM - 8:35 PM MUAY THAI LEVEL III	30 MINUTE OPEN ROLL		
	CLOSED 9:00 PM	CLOSED 9:00 PM	CLOSED 9:00 PM	CLOSED 9:00 PM	CLOSED 8:15 PM		